



Sol Health ●

Graduate Internship Program

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ABOUT | Sol Health's mission is to invest in and empower the next generation of therapists.

As a career launchpad for clinicians, we are the first virtual placement site built entirely around therapists-in-training—who have long been undersupported at the most critical stage of their development. Every session at Sol is provided by a Graduate Therapist Intern or Associate Therapist, which means we invest deeply in their clinical development in ways traditional placement sites can't: rigorous supervision, real mentorship, and a structured clinical curriculum designed to develop exceptional clinicians.

We believe every aspiring therapist deserves real support as they accrue hours toward licensure. Our model also allows us to provide genuinely affordable, generationally aligned therapy to young adult populations—delivered by clinicians who are often closer in age, lived experience, and cultural context to the people they serve.

Tracks Offered:



MSW



MHC



MFT

We mostly work with 2nd/final year students, but we do accept exceptional 1st year students and encourage them to apply.

Fall '26 Cohort Start Dates:

August 18 ● August 31 ● September 14

Our Internship Program

- Personalized Supervisor Matching
- Weekly Individual & Group Supervision
- Guaranteed Client Caseloads
- Fully Virtual Internship
- Flexible Work Hours
- Monthly Stipends (for full-time interns)
- Clinical Training Workshops
- Design Your Clinical Identity Course
- Quarterly Personalized Progress Reports
- Monthly Masterclass Guest Speaker Series
- Licensure Exam Prep
- W2 Associate Therapist Offers upon graduation



"From my experience and what I've heard from others at my school, Sol goes above and beyond for intern experience. It's truly a privilege to intern here and receive a top-tier work environment, supervision, training, and stipends."

SOPHIE K

Sol Graduate Therapist Alum, Fall '24 · Sol Associate Therapist & LMSW



"Sol isn't just increasing quality of care. It's shaping who we become as clinicians. This is an identity formation stage of our lives, and Sol invests in that transition in a way I haven't seen anywhere else. After getting spit out of grad school, when fear and uncertainty are the norm, Sol became a safe landing place: a space to experiment, receive real supervision, and grow into my clinical identity."

THAÏS W

Sol Graduate Therapist Alum, Fall '25 · Sol Associate Therapist & LMSW

We've trained 350+ graduate interns from 100+ graduate program partners, including:

