

SURVIVING TO THRIVING AS A MENTAL HEALTH PROVIDER!

Friday, 10 November, 2023 @9am-3pm

1013 Estes Park Drive, Allen, TX 75013

\$120 or **\$110** if registered by October 15, 2023

Light lunch provided! Bring a yoga mat or blanket!



Join us for a one day retreat designed to help you relax, reflect, and re-envision your strengths as a mental health provider.



Denise Capurso, LCSW
<https://www.dccounseling.org>



Alejandra Diaz, LPC
<https://www.diazlpc.com>

Who is this for?

- Providers who are feeling stuck and overwhelmed
- Providers who are feeling isolated in the profession
- Providers who are looking to reignite their passion and purpose

What you will take away!

- A nurtured mind, soul, and body
- A clearer understanding of your professional goals
- New professional connections
- A new way of looking at your professional skill set

Reserve your spot today! Contact Denise: denisecapurso@dccounseling.org