



Accessing your Health Insurance Information

This handout is for all F-1 and J-1 international students enrolled in the System Student Health Insurance Plan (SSHIP). The purpose of this handout is to provide information on how to access your health insurance card, information, and set-up your account with Academic Health Plans (AHP) and Blue Cross Blue Shield of Texas (BCBSTX).

- [Academic Health Plans](#) (AHP) is the A&M System insurance account manager
- [Blue Cross Blue Shield of Texas](#) (BCBSTX) is the health insurance provider

Health Insurance Proof of Coverage

Health insurance cards are mailed to the mailing address on record in their myLEO account by Academic Health Plans. Below are additional options for receiving your health insurance card/information:

- [Find Group and Member ID](#)- Students may provide this information to their medical provider in lieu of their health insurance card.
- [How to Obtain a Temporary ID Card](#)
- Access Information through your [BCBSTX Online Account](#)

Online Access



Students may download the Academic Health Plans (AHP) mobile app for their Android or Apple device so they may have easy access to their health insurance information. For more information go to <https://www.ahpcare.com/mobile>. Students may also access their information online at [AHP Student Accounts](#).



Students may also download the Blue Cross Blue Shield of Texas (BCBSTX) mobile app for their Android or Apple device so they may have easy access to all of their health insurance information. To download the BCBSTX mobile app text BCBSTXAPP or 33633. For more information go to <https://www.bcbstx.com/mobile>. Students may also access their information online through [Blue Access for Members \(BAM\)](#).