

I want to help!

By donating funds, goods, or services, I will:

- Be a platinum sponsor for \$1000
- Be a gold sponsor for \$500
- Be a silver sponsor for \$250
- Donate funds in honor of or in memory of a special person
- Donate materials or funds for their purchase for construction of special equipment
- Donate funds in any amount for whatever is needed.

Check enclosed for \$_____

I need Broken Heart Services!
Please send me a rider packet.

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: () _____

Email: _____



"The First Ride"

The spirit to live, the courage to try;
That's what I found when I looked in his eye!

At first I was nervoius, as he stood there so tall-
After all-he's so strong and I'm just so small!

Confined to my wheelchair-it had become home;
But I sensed in this creature-his legs he could loan!

So up on his back they placed me with care,
Oh! What excitement I felt in the air!!!

I glanced at my Mom-she saw what I felt;
The smile on my face made her heart melt!!

We made a connection, this horse and I-
I felt I cold run; I felt I cold fly!!!

My body though weak, felt suddenly strong!
My courage returned as if nothing were wrong!!

Yes a gift I was given-that day at the stable;
It made me feel strong; it made me feel able!

They call it "Therapeutic Riding"-

I guess that's the name . . .

But for me, It's a miracle-
And I'll never be the same!!!



BY: Kristi Tuinei 2002
(Inspired by the thoughts of a
therapy student)



THERAPEUTIC RIDING CENTER
"To improve the Quality of Life of
People with Disabilities through
Interaction with Horses."



Broken Heart
515 Preston Glen
Gunter, Texas 75058
214-677-7088



Benefits include:

- Foster interaction with the world around them for persons with autism and other "non-participant" mental disabilities
- Improved motor skills
- Improved balance and posture through the experience of the 3-dimensional movement of the horse (similar to a human's gait) that is difficult to duplicate in a clinical setting
- Stimulating the cardiovascular system
- Normalizing muscle tone
- Increased self-esteem, social interaction and communication skills
- Improved memory utilization
- Improved sequencing abilities
- Improved sensory integration

Rider Disabilities Include:

Autism	Mental Retardation
ADD/HD	Multiple Sclerosis
Brain Injury	Sensory Integration
PDD	Dysfunction
Cerebral Palsy	Paraplegia
CVA (Stroke)	Youth-at-risk

Other mental, physical, and emotional disabilities.

Broken Heart

The lifeblood of Broken Heart is its volunteers. Volunteers are needed to help with riding classes as well as with fundraising and administrative duties. Program volunteers work directly with clients and horses, serving as horse handlers or side walkers. We thoroughly appreciate all of our volunteers. If you would like to volunteer please call (214) 677-7088.

Broken Heart provides its services free of charge to all participants, relying upon the generosity of individuals, local businesspersons and grants from foundations and corporations for financial support. We deeply appreciate the support of all of our sponsors. Broken Heart is a 501 (c)-(3) non-profit organization. All gifts are tax-deductible.



“Therapeutic riding is extremely effective. In addition to the physical benefits, it offers psychological benefits because riders feel a sense of achievement and control. Therapeutic riding requires both balance and muscular control and that often enhance or expedite recovery. The slow, continuous rhythmic motion of the gait of the horse is therapeutic and helps develop the muscles around the spine.”

Dr. Walter Bobechko
Director of Columbia Advanced
Surgical Institute
Orthopedic Center of Dallas

